Urgent Care Centers

Below is a list of contracted urgent care centers. For the most up-to-date list, please check gnpweb.com or call Customer Service at (800) 553-6537.
Urgent Care Situations
During regular business hours, your PCP office may be able to assist you with a same-day appointment for urgent care situations.

- Fevers, colds, coughs, and sore throats
- Sinus problems and earaches
- Skin allergies and rashes
- Urinary tract infections
- Diarrhea or stomach cramps
- Insect and animal bites
- Cuts and abrasions
- Sprains, strains, and fractures
- Sports injuries
- **Lower co-pays**
- **Shorter wait times**

ER Situations
In life-threatening situations, **call 911** or go directly to the nearest emergency room. Once there, inform the medical staff of your health plan and primary care physician (PCP).

- Chest pain, heart attack, difficulty breathing
- Stroke or numbness on one side
- Severe bleeding or abdominal pain
- Major head trauma or loss of consciousness
- **Higher co-pays**
- **Longer wait times**

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